



# Nicholson Elementary News

*"Home of the Nicholson Nighthawks"*

School District No. 6 Rocky Mountain

April 4, 2024

## Principal's Perspective

**Nicholson Elementary is a welcoming, happy place to be.**

**We are a community of life-long learners who connect, synergize, and positively influence each other and the world around us.**

**We strive for success today and prepare for success tomorrow.**

Just a reminder that **April 22nd is a Non-instructional day.** There is no school that day. Enjoy your long weekend.



Welcome back after the Spring Break. We hope you all had a fun and rejuvenating Spring Break. We have entered the eighth month of the school year, and how we have learned together during this time. We will continue to grow and learn new things in these last months so supporting your children in being at school will help them to advance their own personal growth.

All classes are enjoying the warmer weather and recognizing the unique signs of spring. We are all enjoying being outside during this time. Earth Day is on April 22<sup>nd</sup> and we have plans to spend time outdoors on April 23<sup>rd</sup>, cleaning up our playground and parts of the Nicholson Community.

April 24<sup>th</sup> is an Early Dismissal Day, school finishing at 2:15 pm. This is a time where you can meet with your child's teacher to check-in if you have any questions or concerns.

I am looking forward to learning and exploring alongside your children in the coming months. Thank you for entrusting us with this very important job. We appreciate when you reach out and let us know when there are events taking place in your child's life that may affect their happiness at school, please continue to connect with us so that we can support the growth of our students' minds, bodies and spirits.

Sincerely,  
Margo Reinders



**HOT LUNCH  
April 15th**

**Spaghetti &  
Meat Sauce**



**PAC MEETING  
APRIL 29TH 3:30 PM  
SCHOOL LIBRARY  
EVERYONE WELCOME**



## EARTH DAY

**April 22nd**

Students and staff will spend some time on Tuesday April 23 walking and enjoying nature in our school yard and surrounding area. The classes will also spend some time picking up garbage, so that our playground and community look great!

Their findings will help towards their Recycled Art Project.

### Student and Parent Learning Survey Parent/Guardian Input Requested

This Grade 4 & Grade 7 student's are participating in the Ministry of Education Student Learning Survey.

Parents/Guardians of Grade 4 & 7 students are encouraged to participate in the Parent Learning Survey.

Please go to [http://www.bced.gov.bc.ca/sat\\_survey](http://www.bced.gov.bc.ca/sat_survey) to complete. The survey closes on May 3rd.



Thank you for participating in this innovative project. If you need more information or would like to see the results for the District or your school, please contact Margo Reinders, Principal: [margo.reinders@sd6.bc.ca](mailto:margo.reinders@sd6.bc.ca)

## PLANNING FOR 2024– 2025 SCHOOL YEAR



PLANNING IS UNDERWAY FOR THE NEW SCHOOL YEAR  
PLEASE LET US KNOW IF YOUR CHILD WILL NOT BE ATTENDING  
NICHOLSON ELEMENTARY SCHOOL  
IN THE FALL.

A giant thank you to the  
**Golden and District Community Foundation**  
for the generous donation  
that offset the cost of Downhill Ski Lessons for the  
**Grade 4 and 5 class**  
during the past few months.



# HEALTH PROMOTING SCHOOLS

April 2024

## MENTAL HEALTH



### National Child & Youth Mental Health Day – May 7, 2024

National Child & Youth Mental Health Day is about building caring connections between young people and the caring adults in their lives. We know having caring, connected conversations can have a big impact on the mental health of children and youth.

“I care about you” is our May 7th message. To support this, we offer events and resources that support conversations and connection between caring adults and young people. For more information see:

[May 7th | Connecting with Youth \(may7icare.ca\)](https://may7icare.ca)

[Click here to view online](#)



### Online Event with Kim Barthel- May 7, 2024


We know that having caring, connected conversations can significantly impact the mental health of children and youth. Join us online to listen to Kim Barthel talk about having more self-compassion, self-awareness and knowledge about the art and science of relationships. Our kids mean so much to us, and yet disconnection, dissociation and even the potential for self-harm is very real. A holistic and engaging story-teller, Kim will introduce the basics of attunement, attachment theory, trauma-sensitive practice, sustainable self-care and above all the power of connection and inclusion. For more information and to register for the online event see:

[May 7th | Connecting with Kids \(may7icare.ca\)](https://may7icare.ca)

[Click here to view online](#)



# April 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> <b>Easter Monday</b> No School	<b>2</b> <b>School Back</b>	<b>3</b>	<b>4</b>	<b>5</b> <b>Student Lighthouse Scavenger Hunt</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b> <b>Strong Start at NES 9-11:30</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b> <b>Hot Lunch</b> Spaghetti & Meat Sauce / Garlic Toast	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b> <b>Pro-D Day</b> No school Earth Day	<b>23</b> Celebrating Earth Day	<b>24</b> <b>Early Dismissal 2:15</b>	<b>25</b>	<b>26</b> <b>Administrative Professional Day</b>	<b>27</b>
<b>28</b>	<b>29</b> <b>PAC Meeting 3:30</b>	<b>30</b>	<b>May 1</b> <b>Science Fair</b>		<b>May 3</b> <b>Nicholson Spring Fling 4:00-7:00</b>	